

# Referral Form

## Instructions and Information

**Inquires:** Toll Free: 1-844-216-7411 **Fax:** 905-338-2878

**Website:** www.one-Link.ca



### Information for Referring Providers

#### Catchment Area:

- one-Link is the coordinated access service for referrals for Mississauga Halton LHIN funded Addictions and Mental Health Service Providers. For services outside of this area, please contact Connex Ontario for the most appropriate resources. [www.connexontario.ca](http://www.connexontario.ca)

#### Referral Process:

- Once you have submitted a referral, it is reviewed by one-Link and either forwarded directly to the appropriate service, or a telephone screening is scheduled with the client to gather more information and determine the next step. We will leave two voice mail messages and the number will appear as Halton Healthcare. Clients are welcome to contact us directly at **905-338-4123** or Toll free at **1-844-216-7411** to discuss their referral at any time.

#### Urgent (processed by one-Link within 1-5 days)

- Antepartum / Postpartum
- Psychosis
- Withdrawal Management
- Eating Disorders

#### Non-Urgent

- Psychiatric Consultation
- Other Mental Health Treatment & Recovery Support
- Grief, Trauma, Marital, or other Counselling
- Addictions Treatment & Recovery Support
- Employment Supports
- Supportive Housing

### Access to Psychiatry Consultation

#### Inclusion Criteria:

- As per criteria established by Halton Healthcare and Trillium Health Partners, referral for Psychiatric Consultation is for a one-time appointment only with the understanding that the referring physician is responsible for implementation of recommendations. If the treatment recommendations are for symptoms consistent with a depressive or anxiety disorder (including obsessive compulsive disorder and related, or trauma and related), there must be evidence of two previous medication trials within the current episode in order to be considered.

#### Exclusion Criteria:

- Client already has a community/outpatient psychiatrist:
  - If community psychiatrist is requesting a second opinion, they must make the referral to one-Link, not the family physician.
- Clients seeking long-term psychiatric follow-up (refer directly to psychiatrists with private practice).
- Clients seeking psychiatric consultation for court, custody or insurance purposes.

### Access to Specialized Services Not Available Through one-Link

one-Link does not have access to specialized services for the assessment or treatment of adult attention deficit disorder (ADD), attention deficit hyperactivity disorder (ADHD), or developmental disability.

- The Canadian ADHD Resource Alliance [www.caddra.ca](http://www.caddra.ca) provides assessment tool kits, practice guidelines, and patient resources.
- Developmental Services Ontario [www.dsontario.ca](http://www.dsontario.ca)
- CAMH Adult Neurodevelopmental Services [www.camh.net](http://www.camh.net)

### Crisis Services

one-Link has access to refer to **non-urgent services**. For clients experiencing a mental health or addiction emergency, consider issuing a Form 1 or direct them to their nearest hospital emergency department. The following services are also available for clients to contact 24 hours a day, 7 days a week:

#### Halton

- Halton Crisis Outreach and Support Team (COAST): 1-877-825-9011
- Reach Out Centre for Kids (up to age 17): 905-878-9785

#### Peel / Etobicoke

- 24.7 Crisis Support Peel: 905-278-9036
- Gerstein Crisis Centre (south Etobicoke): 416-929-5200

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<b>SECTION A: REFERRAL SOURCE INFORMATION</b>		<input type="checkbox"/> I am referring myself for services
Name: _____		<input type="checkbox"/> MD <input type="checkbox"/> NP <input type="checkbox"/> Other: _____
Billing #:	Address:	
Signature:	Phone:	
Referral Date:	Fax:	
Family Physician Name: _____		Phone: _____
Does your client currently have a psychiatrist? <input type="checkbox"/> No <input type="checkbox"/> Yes – if yes, please provide name, and attach consult note		
Name: _____		
<b>SECTION B: CLIENT INFORMATION</b>		
Last Name: _____	First Name: _____	Preferred Name: _____
OHIP #: _____	Version Code: _____	Date of Birth: (DD/MM/YYYY) _____
Gender: _____	Pronoun: _____	
Address: _____		
City: _____	Prov. _____	Postal Code: _____
Where is the client sleeping most frequently: <input type="checkbox"/> Permanent Housing <input type="checkbox"/> Outdoors <input type="checkbox"/> Shelter <input type="checkbox"/> Friends/Family		
<b>CONTACT INFORMATION</b>		
<i>The referral source confirms that the client consents for one-Link to call/email them or their alternate contact regarding this referral &amp; appointment booking.</i>		
Phone: _____	Email: _____	
<b>ALTERNATE CONTACT</b>		
Name: _____	Phone: _____	Relationship: _____
Preferred language: _____	Is an interpreter requested? <input type="checkbox"/> No <input type="checkbox"/> Yes	
<b>Considerations:</b> <input type="checkbox"/> Cognitive Impairment <input type="checkbox"/> Hearing Impairment <input type="checkbox"/> Sight Impairment <input type="checkbox"/> Age 65+ Housebound		
<b>SECTION C: CUSTODY STATUS (for youth under the age of 16)</b>		
<input type="checkbox"/> Joint Custody (Please fill out contact information for both guardians)	1. Guardian Name: _____ Phone: _____	
<input type="checkbox"/> Sole Custody (Please fill out contact information for the sole guardian)	2. Guardian Name: _____ Phone: _____	
<input type="checkbox"/> Live with both parents/Married/Common Law (Please fill out contact information for both guardians)		
<input type="checkbox"/> Other (e.g. CAS), please specify: _____		

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Client Name: \_\_\_\_\_

Date of Birth (DD/MM/YYYY): \_\_\_\_\_

## SECTION D: REASON FOR REFERRAL

Why are you referring this client now?

## SECTION E: RISK & SAFETY

Violence / Risk to others     Self-Harm     Active Suicidal Thoughts     Recent Suicide attempt

Details: \_\_\_\_\_

**(ONE-LINK REFERS TO NON-URGENT SERVICES ONLY. FOR CLIENTS EXPERIENCING A MENTAL HEALTH OR ADDICTION CRISIS DIRECT THEM TO CRISIS RESOURCES OR THE NEAREST HOSPITAL EMERGENCY DEPARTMENT)**

## SECTION F: CURRENT & PAST HISTORY

Please check all that apply	Current	Past History	Details
Agitation	<input type="checkbox"/>	<input type="checkbox"/>	
Anxiety	<input type="checkbox"/>	<input type="checkbox"/>	
Bipolar Disorder	<input type="checkbox"/>	<input type="checkbox"/>	
Cognitive Decline / Confusion	<input type="checkbox"/>	<input type="checkbox"/>	
Depression	<input type="checkbox"/>	<input type="checkbox"/>	
Obsessive Compulsive Behaviour	<input type="checkbox"/>	<input type="checkbox"/>	
Eating Disorder	<input type="checkbox"/>	<input type="checkbox"/>	Please complete <b>SECTION J</b> of the referral form
Post-traumatic Stress Disorder	<input type="checkbox"/>	<input type="checkbox"/>	
Psychosis			
• Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>	
• Confused Thinking	<input type="checkbox"/>	<input type="checkbox"/>	
• Delusions	<input type="checkbox"/>	<input type="checkbox"/>	
• Disorganized Speech	<input type="checkbox"/>	<input type="checkbox"/>	
• Paranoia	<input type="checkbox"/>	<input type="checkbox"/>	
Substance Use Concerns	<input type="checkbox"/>	<input type="checkbox"/>	
Substance Withdrawal Symptoms	<input type="checkbox"/>	<input type="checkbox"/>	

## SECTION G: SERVICES REQUESTED - PLEASE CHECK ALL THAT APPLY

<input type="checkbox"/> Psychiatric Consultation	<input type="checkbox"/> Addictions Treatment & Recovery Support
<input type="checkbox"/> Mental Health Treatment & Recovery Support	<input type="checkbox"/> Employment Supports
<input type="checkbox"/> Early Psychosis Intervention	<input type="checkbox"/> Supportive Housing
<input type="checkbox"/> Grief, Trauma, Marital or other counselling	<input type="checkbox"/> Other: _____

## SECTION H: MEDICAL HISTORY *attach relevant clinical and medical history*

- Client is pregnant or has given birth within the past 12 months  
*(A completed Edinburgh Postnatal Depression Scale (EPDS) by a physician MUST be attached for these referrals to be processed)*
- Falls / Wandering

## SECTION I: MEDICATIONS

Is the client currently on antipsychotic treatment for psychosis?  No  Yes

If Yes, Name(s), Dose & Frequency: \_\_\_\_\_

Total duration of all antipsychotic medication trials:  6 months or more  less than 6 months

**Current / Historical Psychoactive Medication Trials - list or attach: (dose/frequency/name)**

Medication Name	Current	Dose	Frequency	Response & Adverse Effects
	<input type="checkbox"/> Yes <input type="checkbox"/> No			
	<input type="checkbox"/> Yes <input type="checkbox"/> No			

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Client Name: \_\_\_\_\_

Date of Birth (DD/MM/YYYY): \_\_\_\_\_

**SECTION J: EATING DISORDER – Only Complete If You Are Referring for Eating Disorders Services**

Has this client previously received eating disorders treatment?  No  Yes

If so please specify: \_\_\_\_\_

Date: \_\_\_\_\_ Location: \_\_\_\_\_

Current Weight: \_\_\_\_\_  lbs  kg      Current Height: \_\_\_\_\_  cm  inches      BMI: \_\_\_\_\_

Heart Rate: \_\_\_\_\_      Blood Pressure: \_\_\_\_\_      Date of reading: \_\_\_\_\_

Lowest Weight: \_\_\_\_\_  lbs  kg      Date: \_\_\_\_\_      Date of last menstrual period: \_\_\_\_\_

Highest Weight: \_\_\_\_\_  lbs  kg      Date: \_\_\_\_\_

*For clients 18yrs and under please attach a growth chart*  no growth chart available

**Weight Control Methods**

Please indicate all that apply	Frequency	Duration
Food intake restrictions		
Binge Eating		
Induced vomiting		
Laxative use		
Exercise Quantity (per week)		
Chewing and Spitting		
Diet Pills		
Substance Use		
Other		

ECG (completed within the last 30 days) **\*\*MANDATORY**

**Lab results \*\*MANDATORY – results must be completed within the last 60 days**

<input type="checkbox"/> Glucose	<input type="checkbox"/> Amylase	<input type="checkbox"/> RBC Folate
<input type="checkbox"/> Vitamin B12	<input type="checkbox"/> Magnesium	<input type="checkbox"/> Phosphate
<input type="checkbox"/> Urea	<input type="checkbox"/> Creatinine	<input type="checkbox"/> CBC & Differential
<input type="checkbox"/> Albumin	<input type="checkbox"/> FSH	<input type="checkbox"/> LH
<input type="checkbox"/> Estradiol	<input type="checkbox"/> AST	<input type="checkbox"/> ALT
<input type="checkbox"/> GGT	<input type="checkbox"/> Alkaline	<input type="checkbox"/> Phosphatase
<input type="checkbox"/> Bilirubin	<input type="checkbox"/> TSH	<input type="checkbox"/> Sodium (Na+)
<input type="checkbox"/> Potassium (K)	<input type="checkbox"/> Calcium (Ca2+)	<input type="checkbox"/> Ferritin